We claim:

- 1. A method of blank pressing a glass body, especially for an optical application, said method comprising the steps of:
- a) providing a press mold comprising an upper mold part, a lower mold part and, optionally, a ring;
- b) receiving a glass body heated above a shaping temperature in said press mold;
- c) applying a voltage across the upper mold part and the lower mold part for working the glass body at temperatures above a sticking temperature; and
- d) applying a pressing force to the glass body at the latest after a temperature of the glass body in the press mold matches a temperature of the press mold.
- 2. The method as defined in claim 1, wherein said voltage is a D.C. voltage.
- 3. The method as defined in claim 1, wherein said voltage is an unsymmetrical A.C. voltage.
- 4. The method as defined in claim 1, wherein said pressing force is kept constant or reduced when said temperature of said press mold decreases.

- 5. The method as defined in claim 1, wherein said glass body is heated when said glass body is within said press mold.
- 6. A method of blank pressing a glass body, especially for an optical application, said method comprising the steps of:
- a) providing a press mold comprising an upper mold part, a lower mold part and, optionally, a ring;
- b) receiving a glass body heated above a shaping temperature in said press mold;
- c) cooling the press mold after reaching a predetermined temperature of the press mold; and
- d) applying a pressing force to the glass body after exceeding a sticking temperature (T_0) .
- 7. The method as defined in claim 6, further comprising applying a voltage across the upper mold part and the lower mold part.
- 8. The method as defined in claim 7, wherein said voltage is a D.C. voltage.
- 9. The method as defined in claim 7, wherein said voltage is an unsymmetricalA. C. voltage.

- 10. The method as defined in claim 6, wherein said pressing force is kept constant or reduced when said temperature of said press mold decreases.
- 11. The method as defined in claim 6, wherein said glass body is heated when said glass body is within said press mold.
- 12. An apparatus for blank pressing glass bodies, especially for performing the method of claim 1, said apparatus comprising

a press mold for receiving a glass body heated above a shaping temperature, said press mold comprising an upper mold part, a lower mold part, optionally, a ring, and means for applying a pressing force to said glass body when said glass body is within said press mold; and

means for applying a voltage across said upper mold part and said lower mold part, said means for applying said voltage comprising a cable and a voltage source, said voltage source being connected with said upper mold part and said lower mold part by said cable.

- 13. The apparatus as defined in claim 12, wherein said voltage source is a D.C. voltage source
- 14. The apparatus as defined in claim 12, wherein said voltage source is a function generator.

- 15. The apparatus as defined in claim 12, wherein the press mold is formed with different coated regions having different properties.
- 16. The apparatus as defined in claim 12, further comprising heat means for the press mold.
- 17. An apparatus for blank pressing glass bodies, especially for performing the method of claim 6, said apparatus comprising

a press mold for receiving a glass body heated above a shaping temperature, said press mold comprising an upper mold part, a lower mold part, optionally, a ring, cooling elements for cooling and means for applying a pressing force to said glass body when said glass body is within said press mold.

- 18. The apparatus as defined in claim 17, further comprising means for applying a voltage across said upper mold part and said lower mold part, said means for applying said voltage comprising a cable and a voltage source, said voltage source being connected with said upper mold part and said lower mold part by said cable.
- 19. The apparatus as defined in claim 18, wherein said voltage source is a D.C. voltage source

- 20. The apparatus as defined in claim 18, wherein said voltage source is a function generator.
- 21. The apparatus as defined in claim 17, wherein the press mold is formed with different coated regions having different properties.
- 22. The apparatus as defined in claim 17, further comprising heat means for the press mold.